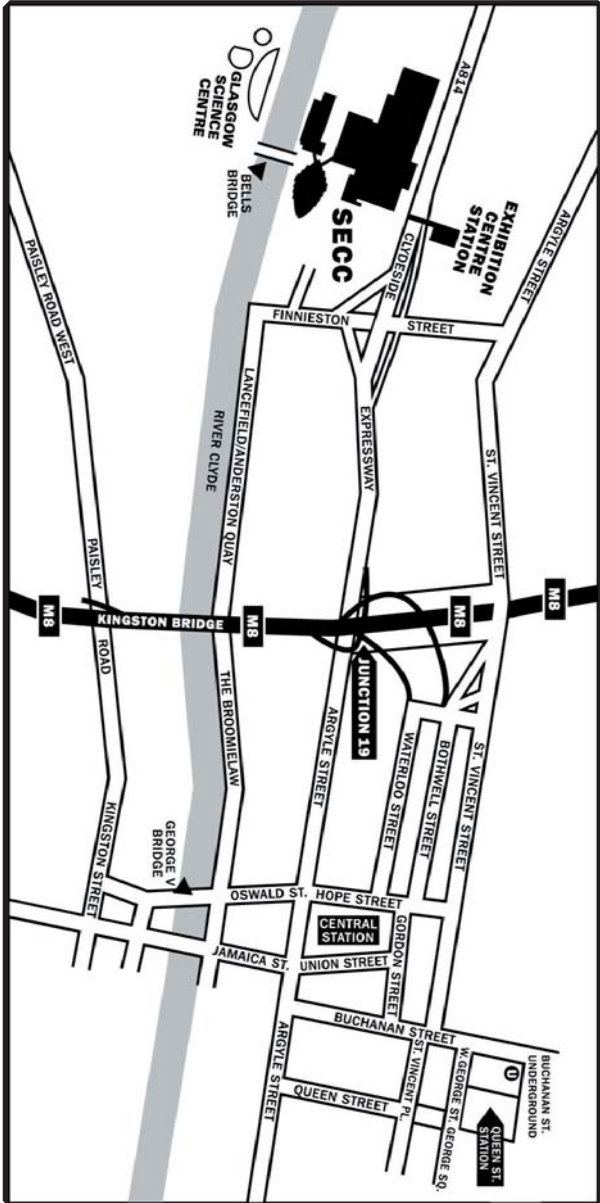


HOW TO GET TO THE SECC

CAR - On-site parking, accesible from Finnieston Street, for 3,000 vehicles at £3.50 per vehicle, per stay.

TRAIN - Travel West on the low level from Glasgow Central to Exhibition Centre Station.

Trains from Central run every twenty minutes.



USEFUL CONTACTS



DHARMA NETWORK 2004

Dharma Network Limited, PO Box 1923,
Salisbury SP4 6XL
www.dalailama2004.org.uk



THE OFFICE OF TIBET

Tibet House, 1 Culworth Street
London NW8 7AF
Tel: 0044-20-7722 5378
Fax: 0044-20-772 0362
info@tibet.com
www.tibet.com



mgtrfd@aol.com
www.solus-glasgow.org



Scottish Exhibition Centre Ltd
Glasgow G3 8YW
Tel: 0141 248 3000
Fax: 0141 226 3423
www.secc.co.uk

HIS HOLINESS THE DALAI LAMA GLASGOW 2004

Saturday 29th May -
Tuesday 1st June

INFORMATION LEAFLET

Dear Participant,

We have the pleasure of enclosing your tickets for His Holiness the Dalai Lama's visit to Glasgow in 2004. So that His Holiness' talks happen smoothly, we ask that you read this leaflet which contains important information relating to the talks and events happening around them.

An **INFORMATION DESK** desk will be situated in Hall 5.

Scottish Exhibition + Conference Centre,
Glasgow, Scotland

PUBLIC TALK & TEACHINGS

VENUE

The public talk and teachings will take place in Hall 4 of the SECC.

PUBLIC TALK

The public talk starts at 3.00pm on Saturday.

TEACHINGS

His Holiness the Dalai Lama will teach for two sessions each day from Sunday to Tuesday.

Morning..... 10.30am - 12.30pm

Afternoon 2.00pm - 4.00pm

DOORS & SECURITY

Doors will open one hour before the start of each session.

A security check will be carried out each time that you enter the hall. Please allow plenty of time to clear security before finding your seat.

Please arrive on time as late commers may not be admitted.

MONKS FROM TASHI LUNPO MONASTERY

Half an hour before the start of each teaching session, monks from Tashi Lunpo Monastery will be chanting prayers on the stage. We ask that you observe silence during this time.

CHILDREN - (For crèche information under 'Facilities')

Children accompanied by an adult are welcome but you are requested to ensure that they do not disturb others.

There is no charge for babes in arm, but you must collect a ticket at the entrance.

THE FOLLOWING will not be allowed in the auditorium:

Coats or large bags;

Cameras, video and audio recording equipment;

Food and drink.

Cloakroom facilities will be available on the concourse for leaving belongings. £1.00 per item.

MOBILE PHONES

Please ensure that mobile phones are switched off before entering the auditorium.

FACILITIES

FOR THOSE WITH SPECIAL NEEDS.

Information about access and facilities is available from Julie Carson on 0141 587 6071 or email julie.carson@secc.co.uk

BSL Interpretation is available for Saturday 29th May.

If you will be bringing a guide dog, please contact Colin McCartney at the SECC in advance.

FOOD & DRINK

A wide range of hot and cold vegetarian food will be sold in Hall 5. Please don't bring your own food into Hall 5.

Other catering facilities are available in the SECC complex.

STALLS

There will be stalls in Hall 5 selling goods made by Tibetans living in India and Nepal, and books on Buddhism and Tibet.

There will also be exhibits from Tibetan Buddhist Centres within the UK.

EXHIBITION

In Hall 5 there will be exhibitions on Tibetan Buddhism and various aspects of Tibetan culture and history.

CRÈCHE

A fully supervised crèche will be available, but only by pre-booking. Please contact as soon as possible:

01772 782564, *or*

jane.rasch@dharmanetwork.org.uk, *or*

write to Dharma Network, address overleaf.

QUIET AREA

A quiet area will be available in Hall 5.

AUDIO & VIDEO RECORDING OF THE TALKS

Audio tapes will be available of the talk and teachings at the end of each day from the QED stand in Hall 4. CD, DVD and Video of the complete talk and teachings will be available for order from QED.

A video record of His Holiness' visit to the UK will be available from Meridian Trust.

Meridian and QED order forms will be found in the Commemorative Booklet, freely available at the event.

FESTIVAL TIMETABLE

Information about the full Festival Programme taking place across the City of Glasgow is available on the Solus web site - www.solus-glasgow.org

For those arriving in Glasgow before Saturday, the monks from Tashi Lunpo Monastery will be in residency at Tramway constructing a Mitrukpa Sand Mandala, holding daily meditations and running a series of workshops.

For full programme details contact Tramway Box Office 0845 3303501

Saturday 29th May

8.30am Destruction of the Sand Mandala, made by Tashi Lhunpo monks, in Tramway followed by:

10.00am Distribution of the sand in the River Clyde near SECC

10.30am Hall 4, SECC – A Panel Discussion 'An Introduction to Buddhism'. Entrance Free

10.30am Hall 5, SECC – Exhibition open, with Festival events throughout the day. Entrance Free

3.00pm Hall 4, SECC – Public Talk by the HH the Dalai Lama "Inner Peace, Outer Harmony"

7.30pm Hall 4, SECC – Peace Concert, "Glasgow Celebrates" - details from Solus

Sunday 30th May

5.30pm Hall 4, SECC – 'An Introduction to the Mitrukpa Initiation' by Ringu Tulku. Entrance Free

7.00pm The Royal Concert Hall, Glasgow - Multi-Cultural Concert - details from Solus

Monday 31st May

7.30pm "The Power of Compassion" – a 90 minute programme of the sacred chant and masked dances of one of the great Tibetan monasteries by the monks of Tashi Lhunpo, at Tramway.

For details contact Tramway Box Office 0845 3303501